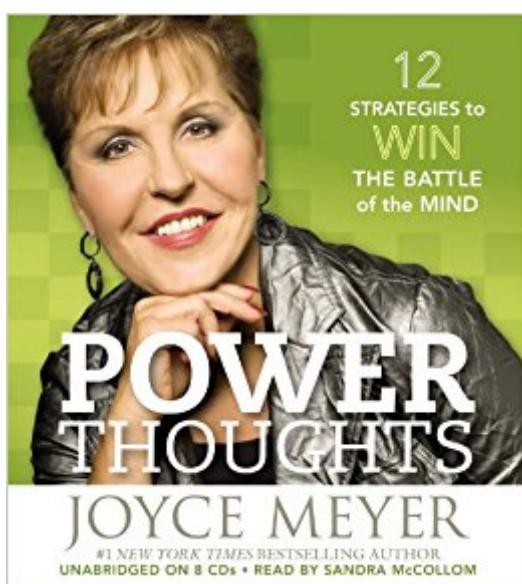


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# Power Thoughts: 12 Strategies For Winning The Battle Of The Mind



## **Synopsis**

Joyce Meyer has a knack for coining phrases-her fans call them Joyceisms-and one of her best loved is "Where the mind goes, the man follows." This was the basis for *Battlefield of the Mind*, and in her latest book, Meyer provides "power thoughts," bringing the reader to a new level of ability to use the mind as a tool to achievement. In *POWER THOUGHTS*, she outlines a flexible program to turn thoughts into habits, and habits into success. Sections include:  The Power of a Positive You  5 Rules for Keeping Your Attitude at the Right Altitude  More Power To You bulleted keys to successful thinking in each chapter  The Power of Perspective Nobody has more of a "can-do" attitude than Joyce Meyer. Now you can, too.

## **Book Information**

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## **Customer Reviews**

Bestselling author and TV preacher Meyer takes a step beyond her bestseller *Battlefield of the Mind*. She offers a 12-step program to help readers conquer the negativity that naturally plagues the mind, leaving readers free to enjoy life and pursue their goals. Using themes from other books in her ample catalogue--worry, perseverance, managing emotions--Meyer breaks her suggestions into several digestible lists, backed by a "Power Pack" of Bible verses at the end of each chapter. She offers enthusiastic encouragement, but also requires action, here in the form of practice, discipline, and continual meditation on the 12 motivational thoughts. Critics of the positive thinking movement (Meyer obliquely acknowledges a debt to the pioneering Norman Vincent Peale) will continue to find downsides in this book, among them failure to sufficiently acknowledge the pain of suffering and an ignorance of intractable mental illness. Critics of Meyer will say she sounds like an infomercial ("You

will see amazing results"). Yet her many fans will continue to appreciate her upbeat attitude and her ability to offer practical tips on the toughest topics. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

Joyce Meyer is one of the world's leading practical Bible teachers, with her TV and radio broadcast, Enjoying Everyday Life, airing on nearly 450 television networks and 400 radio stations worldwide, including Lifetime, ABC Family Channel, Trinity Broadcast Network, Daystar Satellite, and the Word Network. Her bestselling books include Battlefield of the Mind, Look Great, Feel Great, The Confident Woman, I Dare You, and Never Give Up! Joyce holds conferences approximately 15 times each year, worldwide, speaking to thousands.

I'm still working on this one - these are not fast reads. You have to take your time to digest what you're reading - I trust noone else with something as important as my spiritual growth and maturity. She has passed every litmus test I can conceive of - I've lived it both ways. This is the way to go.

Even if you haven't read the "Battle Field of the Mind", this book has so much inspirational insight. There is something that everyone can use and be changed by positive thinking, and renewing the mind through the Spirit.

I've only just started the book but she presents good ideals and practices that will be easy to apply to my life.

I want to say first that I am a fan of Joyce Meyers and will probably purchase this teaching in book form. The reason I purchased this teaching in audio format is b/c I really like her style and enjoy listening to her speak! My disappointment lies not in the content but in the fact that it is read by Joyce's daughter and is just rather flat and monotone - not at all like listening to Joyce! It does say on the cover in smaller print that it is read by Joyce's daughter, but this escaped my attention before purchase.

Have the CD series as well as the book and I use them together, to reinforce my grasp of this very important material. Controlling your mind, resisting thoughts that produce anxiety, are not areas we often are aware of, or know that we can do. It takes someone like Joyce Meyer, with her own grasp

of how we let our minds wander and they never go in the right direction unless we are aware of our ability to control our thought process and refuse to allow anxiety producing thoughts to occupy us. What a wonderful day it is, when you realize you can censor your own thoughts and control your own attitudes by rejecting negativity, and reinforcing the promises found in the scriptures. This is a wonderful resource for the committed Christian who wants to live life as God intended for us to live it - with JOY - and without fear.

We got this book to do as a group study. So far it has been great. I doubt that will change. We are on power thought number 8. We all seem to be taking something away from our studies even though we are all very different personalities.

AWESOME A+

I just love Joyce's writings. It wouldn't matter what the subject was about. Everything she writes is so inspirational. Thanks

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